

**Question for written answer E-002346/2025
to the Commission**
Rule 144
Valentina Palmisano (The Left)

Subject: Inclusion of hydrotherapy in healthcare plans in the EU

Physiotherapy in water (hydrotherapy) has been excluded from the essential levels of care in Italy since 2017, but the scientific community acknowledges its beneficial effects in neuro-rehabilitation, pain management and treatment of severe disabilities, such as spinal muscular atrophy (SMA) type 1 and other neurological disorders.

Numerous clinical studies have demonstrated better mobility, less pain, boosted circulation and improved mental and physical well-being among treated patients in all age groups, including older people and children and adolescents.

In the light of the above:

1. Does the Commission intend to promote the inclusion of hydrotherapy in the rehabilitation treatments supported at European level and in national healthcare plans?
2. Are there any plans for initiatives to make the public and healthcare professionals more aware of the effectiveness of this treatment?
3. Is there any EU funding available for the construction or upgrading of public hydrotherapy facilities?

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