

Question for written answer E-003183/2025
to the Commission
Rule 144
Günther Sidl (S&D)

Subject: Conclusions and recommendations of the French food agency ANSES on isoflavones in soy products

According to media reports, the French food agency ANSES issued a drastic recommendation in March to the effect that catering kitchens (especially in kindergartens, schools, nursing homes, etc.) should not serve soy-based foods owing to their excessively high isoflavone content. According to ANSES, isoflavones are harmful to health, although this does not reflect the current scientific consensus and knowledge regarding the health-promoting properties of soy products. The European Food Safety Authority (EFSA) itself reviewed the safety of isoflavones in 2014¹.

1. Has EFSA been informed of the findings and the resulting recommendation by ANSES?
2. What conclusions has EFSA drawn in this regard?
3. Will EFSA again conduct its own investigations into isoflavones in soy-based foods?

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¹ <https://www.derstandard.at/story/3000000262979/franzoesische-behoerden-mahnen-zu-vorsicht-beim-konsum-von-sojaprodukten-wegen-phyto-oestrogenen>