

Question for written answer E-003198/2025
to the Commission
Rule 144
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Subject: Need for systematic health policies for adolescents in the EU, in light of the 2025 Lancet Report

The 2025 Lancet Commission report on adolescent health and wellbeing accurately reflects the challenges faced by adolescents across the world:

- an increased incidence of mental health disorders among adolescents,
- increasing rates of obesity,
- limited access to health services and psychosocial support,
- cyber bullying, disinformation and inequalities in reproductive health,
- insufficient protection against violence, inside and outside the home.

It is worth noting that although adolescents account for 24 % of the world's population, they receive only 2.4 % of the relevant funding for health and development policy.

In view of the above, can the Commission answer the following:

1. Is there a plan to strengthen funding tools (EU4Health, ESF+, Horizon Europe) for national or cross-border programmes targeting mental health, obesity prevention and reproductive education for adolescents?
2. What is the Commission's strategy for protecting adolescents from commercial exploitation in digital media (food advertising, disinformation, screen addiction)?
3. How can the prevention of physical and psychological abuse against adolescents be strengthened?

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