

**Question for written answer E-003429/2025
to the Commission**

Rule 144

Veronika Cifrová Ostrihoňová (Renew), Maria Walsh (PPE)

Subject: Awareness of menopause in the EU and an EU strategy on menopause

Menopause remains an under-researched and insufficiently recognised gender-specific health issue that affects women, with significant implications for both their private and professional lives. By 2030, the global population of women aged between 45 and 55 is expected to approach 500 million, representing approximately 6 % of the world's population. The transition through perimenopause and menopause is associated with a range of symptoms that can have an impact on health, well-being and productivity, thereby making it a workplace issue.

While the EU is a champion in promoting gender equality and women's rights, menopause remains largely invisible in EU policies and programmes, despite its cross-cutting relevance to public health, education, employment and demography. Furthermore, there is a lack of data on menopause across the EU, which hinders evidence-based policymaking and the development of targeted measures.

In the light of the above:

1. What current initiatives is the Commission undertaking to raise awareness of menopause as a universal, gender-specific health issue?
2. Is the Commission considering the development of a dedicated EU menopause strategy aimed at raising awareness, improving data collection, bridging policy gaps and providing guidance and recommendations to the Member States in order to improve women's health, well-being and participation in all areas of society?

Submitted: 4.9.2025