

Question for written answer E-003674/2025

to the Commission

Rule 144

Veronika Cifrová Ostrihoňová (Renew), Sophie Wilmès (Renew), Yvan Verougstraete (Renew), Olivier Chastel (Renew), Sandro Gozi (Renew), Hristo Petrov (Renew), Grégory Allione (Renew), Dainius Žalimas (Renew), Nikola Minchev (Renew), Dan Barna (Renew), Oihane Agirregoitia Martínez (Renew), Stéphanie Yon-Courtin (Renew), Lucia Yar (Renew), Petras Auštrevičius (Renew), Michal Kobosko (Renew), Hilde Vautmans (Renew), Malik Azmani (Renew), Raquel García Hermida-Van Der Walle (Renew), Marie-Pierre Vedrenne (Renew), Fabienne Keller (Renew), Michael McNamara (Renew), Anna-Maja Henriksson (Renew)

Subject: Emotional dependence on artificial intelligence (AI) systems

Regulation (EU) 2024/1689 of 13 June 2024 on artificial intelligence¹, as well as the Commission's guidelines on prohibited artificial intelligence practices from February 2025², represent significant steps towards regulating the development and use of AI technologies in an ethical and secure way.

Nevertheless, one major risk deserves closer attention: the emotional dependence that some AI platforms can create in users. These AI systems foster deep, personal and even intimate exchanges, leading in some cases to psychological dependence. For vulnerable individuals, this can have severe consequences, including self-harm or suicide. Based on this observation:

1. What concrete measures does the Commission plan to implement to prevent these risks, particularly concerning the protection of vulnerable users and the transparency of AI-human interaction?
2. Are there any initiatives or discussions at European level on establishing an alert system to detect and respond to AI use that leads to situations involving psychological distress?
3. When does the Commission intend to ratify the Council of Europe Framework Convention on Artificial Intelligence and Human Rights, Democracy and the Rule of Law³, and how will the convention align with the Commission's guidelines?

Submitted: 23.9.2025

¹ OJ L, 2024/1689, 12.7.2024, ELI: <http://data.europa.eu/eli/reg/2024/1689/oj> (<http://data.europa.eu/eli/reg/2024/1689/oj>).

² <https://digital-strategy.ec.europa.eu/en/library/commission-publishes-guidelines-prohibited-artificial-intelligence-ai-practices-defined-ai-act>.

³ <https://rm.coe.int/1680afae3c>.