

**Question for written answer E-004442/2025
to the Commission**
Rule 144
Dan-Ştefan Motreanu (PPE)

Subject: Protecting those who care for us: addressing the mental health crisis among Europe's healthcare workers

A new survey by the World Health Organization's Regional Office for Europe¹ reveals a serious mental health crisis among European healthcare professionals. One in three doctors and nurses suffers from depression or anxiety, and one in ten has recently had thoughts of self-harm. Long hours, understaffing, precarious contracts, and exposure to violence or harassment have turned hospitals and clinics into high-stress environments that endanger both workers and patients. Such conditions not only undermine the resilience of Europe's health systems but also risk driving skilled professionals out of the sector, with serious economic and social consequences for all Member States.

Reforming working conditions, ensuring psychological support, and promoting zero tolerance for workplace violence are essential to sustain a strong, caring and motivated workforce.

What measures does the Commission intend to take to help Member States improve working conditions in healthcare, provide accessible mental health support, and ensure that Europe's recovery and investment policies prioritise the well-being and long-term sustainability of its healthcare workforce?

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¹ WHO, Mental Health of Nurses and Doctors survey in the European Union, Iceland and Norway, 10 October 2025.