

Question for written answer E-004660/2025
to the Commission
Rule 144
Galato Alexandraki (ECR)

Subject: Unexplained increase in sudden deaths and cardiac events

Over the last three years, there has been a significant increase in overall mortality in our country, with the Hellenic Statistical Authority reporting a 9.8 % increase in 2021 compared to 2020. At the same time, the number of cases of sudden deaths - even in young, healthy and active citizens - is a cause for concern. Scientific studies indicate that approximately 90 % of sudden deaths have cardiac-related causes, while increased cases of myocarditis and thrombosis have been recorded internationally after COVID-19 infection or vaccination, a fact that is fuelling public debate.

In our country, the Air Force has already established a special committee to investigate sudden deaths in its units. In the US, medically reported illnesses among pilots increased by 1 700 % between 2019 and 2022, a development attributed by the Pentagon mainly to COVID-19 cases. In any event, the data demonstrate the need for a full, transparent and scientific investigation into the causes.

In view of the above:

1. How does the Commission assess the increase in sudden deaths and what measures does it intend to take to investigate the causes promptly and transparently at EU level?
2. Does the Commission intend to examine possible associations with heart disease, COVID-19 infections or adverse reactions to vaccines systematically, based on updated epidemiological data?
3. What preventive measures does the Commission intend to propose, in particular for Member States facing demographic decline and increased mortality?

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