

Question for written answer E-004803/2025

to the Commission

Rule 144

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Subject: Addressing and combating the hikikomori phenomenon in the European Union

In recent years, the hikikomori phenomenon, the progressive social, academic, and work isolation of adolescents and young adults, has grown significantly across Europe. This condition poses important risks to mental health, social inclusion, and the development of future human capital, requiring coordinated and multidisciplinary interventions involving institutions, educational systems, social services, and local communities.

Although the EU has co-financed pilot initiatives like Beyond the Doorstep and The Outside Project, a structural approach remains essential to combat this phenomenon. This must include establishing methods for comparable data collection, defining common guidelines, and integrating the issue into European strategies for youth, education, and mental health. Notably, projects that combine sport and culture demonstrate how these fields can serve as tools for social reintegration and the rebuilding of interpersonal relationships.

The Commission is asked:

1. Whether it intends to establish a European system for monitoring and collecting data concerning the hikikomori phenomenon, and what targeted funding it intends to provide for prevention and reintegration.
2. How it intends to promote and integrate national best practice and foster collaboration among educational, health, and social systems.
3. Whether it plans to support initiatives that use sports and culture for inclusion and the recovery of self-esteem.

Supporters¹

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