

**Question for written answer E-003879/2026
to the Commission**
Rule 144
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Subject: The opportune moment to recognise digital addiction as a health problem and fund a dedicated specialist centre

The 2026 Eurobarometer survey found that 25 % of EU teens aged 13-18 admit to spending more than six hours a day in front of a screen. Meanwhile, excessive and compulsive use of the internet, social media, video games and electronic devices are increasingly associated with mental health issues.

1. Given the chronic and cross-border nature of the phenomenon and its effects on mental health, can the Commission say what measures it intends to take to support Member States in setting up specialist centres for the prevention, diagnosis and treatment of digital addiction and whether this disorder and compulsive digital behaviours will be treated as a distinct priority in the context of European mental health policies?
2. Could the Commission also clarify whether it considers it opportune to develop a European model for digital addiction centres, combining prevention, diagnosis, treatment, research and standardised data collection, and whether European funding streams will be launched to set up and equip these centres?
3. In the event of a dedicated funding stream being created, can the Commission say what the recommended European mechanism is for Member States to subsidise the medical infrastructure needed to prevent and treat digital addiction?

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