Question for written answer E-004344/2026
to the Commission
Rule 144
Catherine Griset (PfE)

Subject: Prescription of menopausal hormonal treatments by midwives

In most Member States, midwives have a recognised competence in gynaecology, in terms of both prevention and of monitoring women.

However, their right to prescribe remains limited to a restricted list of medicinal products, from which menopausal hormonal treatments are often excluded.

These restrictions are not without consequences in medical deserts, where the shortage of gynaecologists significantly lengthens the time it takes to access care, or even leads women to forgo treatments despite them being available.

However, midwives say they are ready to prescribe these treatments, and some learned societies of medical gynaecologists view it as a useful idea when there is no guarantee of access to a specialist within a reasonable time frame.

1. Would the Commission consider calling on Member States to exchange best practices on prescribing by midwives?

2. Where appropriate, could this exchange of best practices include training, implementation of protocols and periodic reassessment of prescriptions?

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