

EN

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Answer given by Mr Várhelyi
on behalf of the European Commission
(20.8.2025)

Firstly, the Commission recalls that Article 7 of Regulation (EU) No 1169/2011¹ provides that food information shall not be misleading, particularly as to the characteristics of the food and by attributing to the food effects or properties that it does not possess.

Regarding nutrient profiles, technical work continues. Experience to date has shown that the work on these topics comes with a high degree of complexity and nuance, and the Commission is focusing on gathering robust evidence and data, with the objective of empowering consumers to make informed and healthy food choices.

To promote healthy diets, the Commission is also working to create a favourable food environment, through instruments such as the EU Code of Conduct on Responsible Food Business and Marketing Practices² or the Food and Beverages Labels Explorer (FABLE)³ launched by the Joint Research Centre (JRC) in September 2023 to monitor the composition of packaged foods in Europe and the success of food reformulation initiatives in the Member States. Exploratory work is also ongoing on sustainable public procurement of food and catering services, where a JRC study⁴ looked at criteria used by Member States for public catering contracts, including on nutrition.

¹ ELI: <http://data.europa.eu/eli/reg/2011/1169/oj>.

² https://food.ec.europa.eu/horizontal-topics/farm-fork-strategy/sustainable-food-processing/code-conduct_en.

Under this code, signatory companies put forward commitments under seven aspirational objectives, out of the which one objective concerns healthy, balanced and sustainable diets for all European consumers.

³ <https://food-labels-explorer.jrc.ec.europa.eu/en>.

⁴ <https://publications.jrc.ec.europa.eu/repository/handle/JRC139977>.