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Answer given by Executive Vice-President Fitto
on behalf of the European Commission
(18.3.2026)

In 2023, the Commission adopted a comprehensive approach to mental health, with EUR 1.3 billion in funding opportunities. It supports the Member States through capacity building actions, and calls on them to use the European funds available.

Under shared management of regional programmes between local decision makers and the Commission, financial support is determined on the basis of priorities established at the level of each region. Accordingly, the European Regional Development Fund supports investment in health infrastructure (EUR 32 million in Réunion, EUR 3.7 million in Saint Martin) and infrastructure and equipment for training and research in the area of health (EUR 5 million and EUR 17 million in Guadeloupe). EUR 30.2 million have been invested in the hospital centre of Mayotte. Furthermore, the European Social Fund+ contributes to activities to develop and promote health and medical training.

Funding implemented under direct and indirect management can also be used. Erasmus+ helps support cooperation in education. Horizon Europe supports research and innovation projects, including in the area of mental health. The ‘EU4Health’ programme funds the EU-PROMENS training and exchange programme.

For the next multiannual financial framework, the Commission’s proposal reflects the constraints on the outermost regions as recognised by Article 349 TFEU¹. It calls on the Member States to include specific measures for the outermost regions in the national and regional partnership plans, particularly as regards access to health.

¹ https://eur-lex.europa.eu/eli/treaty/tfeu_2012/art_349/oj/eng?eliuri=eli%3Atreaty%3Atfeu_2012%3Aart_349%3Aoj&locale=en.